

Liking what you do is happiness.

BY HEMP PARADOX/ HOLISTIC ALTERNATIVE

Are monthly newsletter is here again.

Here at Hemp Paradox we want you to know the importance of nature and understand what nature can do for you.

We are constantly on the search for new super foods which nature provides.

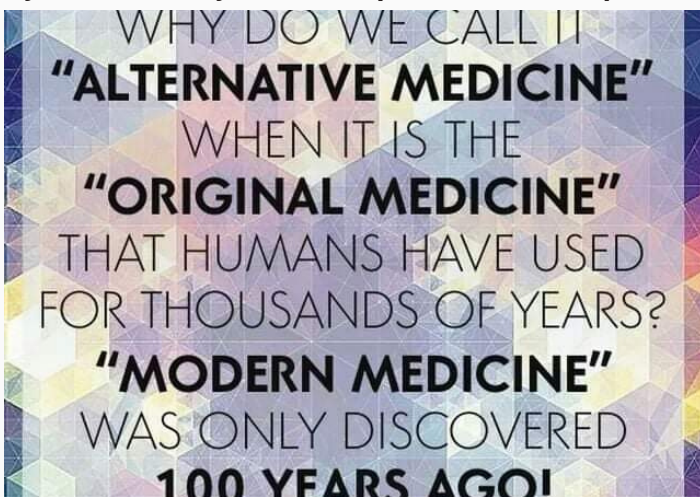
This month we have been collecting pine pollen, in our spare time (not been much of that lately).

Just a quick rundown on pine pollen.

Pine pollen's anti-aging properties can do incredible things for women. It can help them achieve optimal health, peak physical performance, and overall well-being.

Pine pollen contains over 200 different vitamins, minerals, enzymes, co-enzymes, antioxidants, and amino acids. Per gram, it is one of the most nutrient dense foods men and woman can consume! These micro-nutrients help slow the aging process, prevent disease, and contribute to overall well-being.

look what you can find on your door step, abundance of super food.



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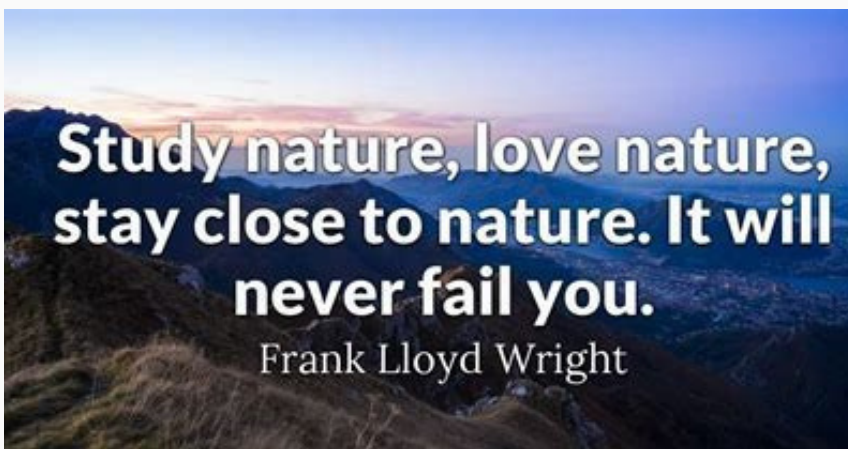
Doing what you like is freedom.

BY PAUL & RACHEL

I know it's hard to walk away, but moving away from unhappiness will inch you so much closer to where you actually want to be — the real things that bring joy to your life. Doing what you like...



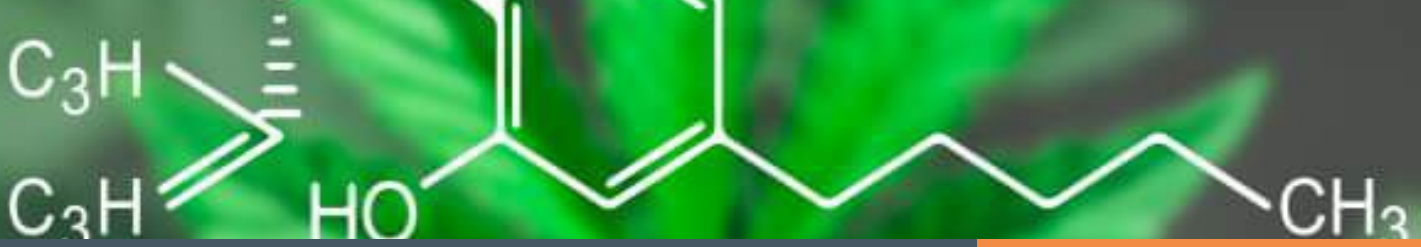
Enjoying the great outdoors is an important part of a healthy lifestyle.



Plants are all chemists, tirelessly assembling the molecules of the world

HEMP PARADOX



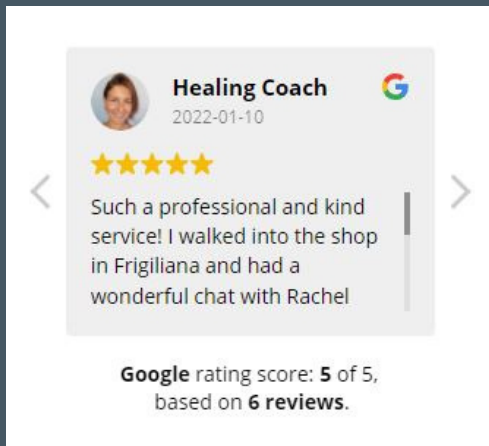


Reviews from are customers.

At Hemp Paradox feedback is so important this is what makes us grow .



THANK YOU FOR THE FEEDBACK TONE HELSET MAKES OUR DAY TO KNOW WE HAVE A SUPERIOR CBD PRODUCT. TONE HAS BEEN LIVING IN FRIGILIANA FOR 30 YEARS SHE CAME TO US 2 WEEKS AGO TO SEE IF THE CBD WOULD HELP HER. SHE HAS JUST EXPLAINED TO US HOW MUCH THIS IS HELPING HER. GREAT FEELING WHEN YOU SEE A HAPPY CUSTOMER



IF YOU WANT TO BE TRUSTED BE HONEST
HEMP PARADOX





CBD
(Cannabidiol)

What's coming new to Hemp Paradox

BY HEMP PARADOX

Hemp fabric is one of the most versatile fabrics out there, hands down. It's extremely sustainable, long-lasting, and it can be used to make anything from clothing to bags etc. Hemp produces more than twice as much fiber as cotton.

We will be introducing a Hemp/Leather range all handmade from are own talented leather crafter, also we can make custom made items for you, this is so exciting to bring this to Hemp Paradox.



Hemp food products are getting considerable attention from doctors, nutritionists, and healthy food experts. The food products derived from the hemp seeds are an excellent supplement known to be extremely rich in protein, essential fatty acids, and minerals.



The solution
has always
been in the
ground

HEMP PARADOX

**HEMP.
THE ONLY
PLANT
THAT CAN
FEED YOU,
HOUSE YOU,
CLOTHE YOU,
AND HEAL
YOU.**

Hemp Recipes

BY HEMP PARADOX

Chocolate Hemp Smoothie

Kick-off/finish your day with this creamy, delicious chocolate hemp smoothie. It has an enchanting chocolate taste and boosts the level of omega-3 and proteins in your body. For the best results, try it with Hazelnut or homemade almond milk, and incorporate a few coffee ice cubes.

Ingredients

- 5-6 ice cubes
- 2 cups of chocolate almond milk
- 1 tbsp of cocoa powder
- a frozen or a peeled banana
- a hint of cinnamon
- 2 tbsp hemp protein powder
- 3 large dates

Directions

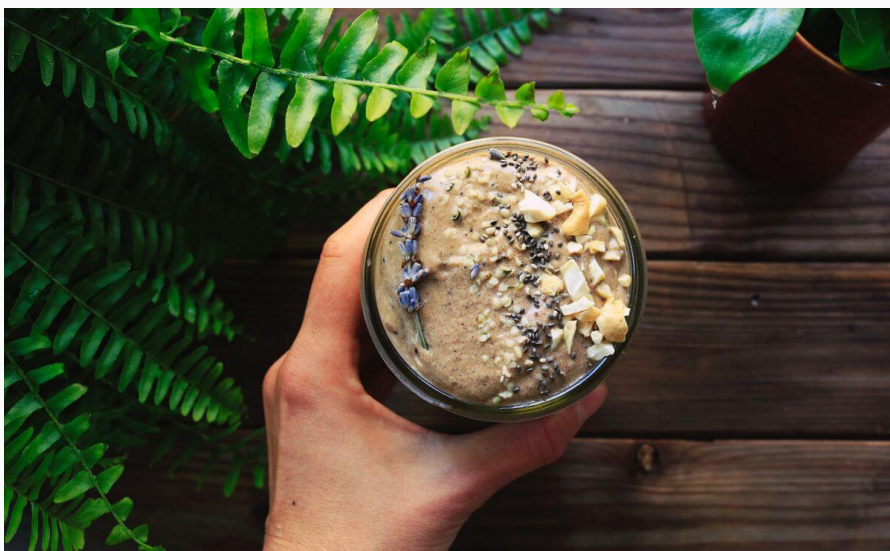
Add all the mentioned ingredients in your blender and ensure your smoothie becomes super smooth.

Tips:

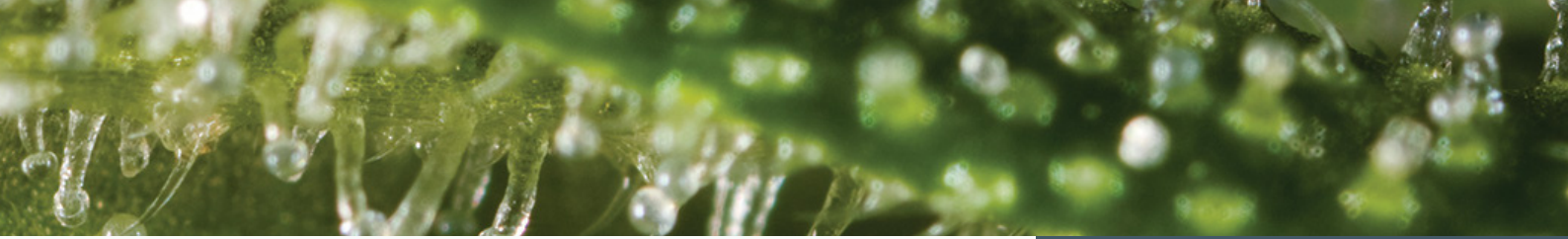
Reduce the number of chocolate almond milk cups from 2 to 1.5 for a super-thick smoothie then add your preferred non-dairy cream. In case your dates are dry, soak in hot water for 30-60 minutes before preparing your smoothie.

Hemp is one
of the
greatest,
most
important
substances of
our nation .

HEMP PARADOX



LET NATURE
BE YOUR
MEDICINE



Help us Grow!



We are also doing Q&A CBD/Hemp monthly meet up every 1st Tuesday of every month so if you have a friend who is curious about CBD/Hemp bring them along.

Book your place today and email us info@hempparadox.com

Your Events



TUE, APR 5 AT 11 AM
Q&A CBD/Hemp monthly meet up
Calle San Sebastián, 35, 29788 Frigiliana (Málaga), España
1 Going · 2 Interested

There's only one thing that matters, customers satisfaction

HEMP PARADOX

“FOR EVERY HUMAN ILLNESS, SOMEWHERE IN THE WORLD THERE EXISTS A PLANT WHICH IS THE CURE.”